

## **Client file – contact charting**

Client file: name: Bauer, Paul

Date: April 2, 201X

Date of charting: April 2, 201X

Date of contact: April 2, 201X – 95 minutes appointment at Paul's brother's home

Initial appointment with Paul Bauer. Paul was referred for case management by his brother Thomas Bauer, whose Thief River Falls home Paul has been residing at for the past couple of months.

Contact was spent in explaining case management services, in beginning of assessment of Paul's strengths and needs, discussion of his goals, and establishing a working relationship. (see beginnings of functional assessment dated April 2<sup>nd</sup> in client file.)

Paul is a 45 year old divorced Caucasian male. Paul was recently evicted from his apartment in Fergus Falls, Minnesota apparently for non-payment of his rent. Paul was temporarily offered housing at his brother's home until Paul can find new housing. Paul is living with his brother, his brother's wife Janet, and their two children aged 10 and 8.

Paul reports being on Medical Assistance; and receiving SSI.

Paul is unemployed. He reports not having completed high school because of the onset of serious symptoms of his mental illness during high school. Paul has acquired some skills in carpentry over the years; and has worked for brief periods on remodeling projects.

Paul reports a long history of receiving mental health and substance abuse services. These services include recent case management services from Otter Tail County. Release of Information obtained from Paul to coordinate with past case manager and obtain most recent functional assessments and ICSPs (see signed release form dated 4/2/201X).

Paul reports a mental illness diagnosis of Bipolar Disorder. He reports that medications help stabilize his manic episodes. He reports compliance with prescribed medications.

Paul reports being chemically dependent and current frequent abuse of alcohol. He is aware of AA groups in Fergus Falls; and attends irregularly.

Paul was born and spent childhood in Karlstad in Kittson County. His parents are deceased. Paul has one other sibling, a sister named Christy Jensen. He has regular phone contact with her; and sees at family gatherings, if he is able to obtain transportation. Release obtained to coordinate with Paul's brother Thomas (see signed release dated 4/2/201X).

Paul was married for a brief period in his late twenties; he reports no current communication with his ex-spouse. They had no children.

Paul reports that living at his brother's home is going relatively well. He tries to assist where possible. He reports significant unstructured time – watching television. He is familiar with and participating at the drop in center. Paul enjoys his relationship with his nephew and niece.

Paul's primary goal at this point is to obtain housing of his own.

Paul reports regular alcohol use. He did agree to a CAGE screening. Screening results suggest further assessment would be helpful. Paul was okay with at least speaking with a counselor about Paul's use and services/resources available to him. Case manager will contact assessor, and call Paul back with possible appointment time. (release signed to permit referral and coordination)

Paul is accepting of case management services. Plan is to meet again on April 16 to continue assessment and develop preliminary ICSP.

*Rob Jones*  
Senior Case Manager